






Self-Efficacy Activity Crosswalk

This table shows the location of each Self-Efficacy Strategy within the three grade bands of the *Self-Efficacy Lessons [Primary, Intermediate, and Secondary]*. Regular font indicates that the strategy is addressed but is not the primary purpose of the activity. Bold font indicates that the strategy is a primary focus of the activity.

Strategy	Primary Activities	Intermediate Activities	Secondary Activities
 Focus on my effort <small>FOCUS ON MY EFFORT</small>	2, 4, 6, 10, 11, 17, 28	2, 6, 7, 10, 26	2, 7, 10, 14, 26
 Try again <small>TRY AGAIN</small>	3, 4, 6, 8, 10, 11, 25, 28	3, 4, 6, 7, 9, 10, 26	3, 4, 7, 26
 Calm myself <small>CALM MYSELF</small>	3, 4, 6, 18, 22, 23, 24, 28	4, 6, 22, 23, 26	4, 17, 21, 22, 23, 26
 Say, "I haven't learned _____ yet" <small>SAY, "I HAVEN'T LEARNED _____ YET"</small>	6, 10, 11, 18, 25, 28	8, 9, 26	8, 10, 26
 Exercise my brain <small>EXERCISE MY BRAIN</small>	6, 10, 12, 14, 25, 28	11, 26	11, 12, 26
 Learn from my mistakes <small>LEARN FROM MY MISTAKES</small>	13, 14, 15, 16, 28	12, 13, 14, 15, 26	12, 13, 14, 20, 26
 Remember hard things I've done <small>REMEMBER HARD THINGS I'VE DONE</small>	17, 18, 28	16, 17, 26	15, 16, 26
 Give and accept praise <small>GIVE AND ACCEPT PRAISE</small>	19, 21, 28	19, 20, 21, 26	18, 20, 26
 Accept feedback <small>ACCEPT FEEDBACK</small>	20, 25, 28	19, 20, 26	19, 20, 26
 Watch and learn from others <small>WATCH AND LEARN FROM OTHERS</small>	25, 26, 27, 28	24, 25, 26	24, 25, 26

Heger, E., Noonan, P. M., & Gaumer Erickson, A. S. (2023). *Self-efficacy lessons* [Teacher lessons and student workbook]. College & Career Competency Framework. www.cccframework.org/competency-lessons-and-student-workbooks