

Cut out the behavior statements and place them in the correct columns on the Communication Types Chart.

Communication Types

Passive behaviors	Assertive behaviors	Aggressive behaviors

Behavior Statements

Avoiding others	Being afraid to speak up	Controlling groups
Focusing on what others say	Glaring and staring at others	Grimacing or rolling your eyes
Interrupting others	Looking down	Making eye contact
Participating in groups	Speaking loudly	Speaking softly
Valuing yourself and others	Valuing yourself less than others	Agreeing with others no matter what they say
Crossing arms and standing too close	Showing expressions that match how others feel	Showing expressions that match how you feel
Slouching and turning away from others	Speaking at a conversational tone	Valuing yourself more than others
Considering only your own feelings and making demands of others	Speaking openly but without interrupting or disrespecting others	Expressing your wants, needs, and thoughts respectfully while considering others' wants, needs, and thoughts