

Conflict Management Strategies

To manage conflict, I can...

1. Explore conflict responses

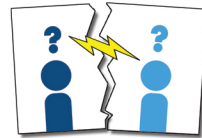


2. Pause and ponder 



3. Manage my anger

4. Uncover reasons for the disagreement



5. Voice my perspective 



6. Seek to understand perspectives

7. Listen and summarize



8. Plan my response

9. Find a solution



10. Help others find solutions

