

Cut out each icon and choose nine to place or glue in the spaces on the bingo card. Listen as your teacher reads clues that describe each strategy.

### Assertiveness Strategies Bingo Card




IDENTIFY  
COMMUNICATION TYPES




FIND MY FEELINGS



SHOW EMPATHY



VOICE MY FEELINGS



LISTEN & SUMMARIZE



SHOW RESPECT  
WITHOUT WORDS



SPEAK MY MIND  
AND BE KIND



RESPECT  
MY BOUNDARIES



DO MY PART



PREDICT OUTCOMES

## Bingo Clues:

- When you use this strategy, you show the other person that you understand how they are feeling.  
[Response: **show empathy.**]
- When you use this strategy, you think about each communication type and about how it will affect the outcome of a situation.  
[Response: **predict outcomes.**]
- When you use this strategy, you use parts of your body to show you're listening.  
[Response: **show respect without words.**]
- By using this strategy, you tell others how you're feeling.  
[Response: **voice my feelings.**]
- This strategy helps you respectfully explain what you would like to happen.  
[Response: **speak my mind and be kind.**]
- When you use this strategy, you use your own words to explain the important parts of what someone has just told you.  
[Response: **listen and summarize.**]
- This strategy is necessary for making sure everybody in a group shares their ideas, listens to others, and works together to accomplish a goal.  
[Response: **do my part.**]
- When you use this strategy, you make rules for what you will and won't do.  
[Response: **respect my boundaries.**]
- This strategy helps you understand the three different ways you can communicate.  
[Response: **identify communication types.**]
- When you use this strategy, you think about what you are feeling and why you are feeling that way.  
[Response: **find my feelings.**]