Top 10 Student Outcomes
Identified by teachers who taught **self-efficacy**

1. Increased confidence in their own abilities

2. Increased growth mindset

3. Increased willingness to take on and persist in challenging tasks

4. Increased ability to reflect on successes and areas for improvement

5. Increased ability to seek assistance and supports

6. Increased ability to see mistakes and constructive criticism as opportunities to learn

7. Increased self-reflection/self-awareness

8. Improved teamwork/group work

9. Improved quality of work

10. Improved Self-Regulation

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